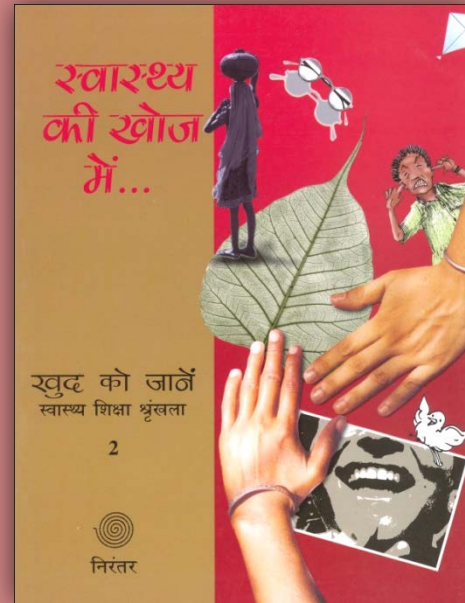
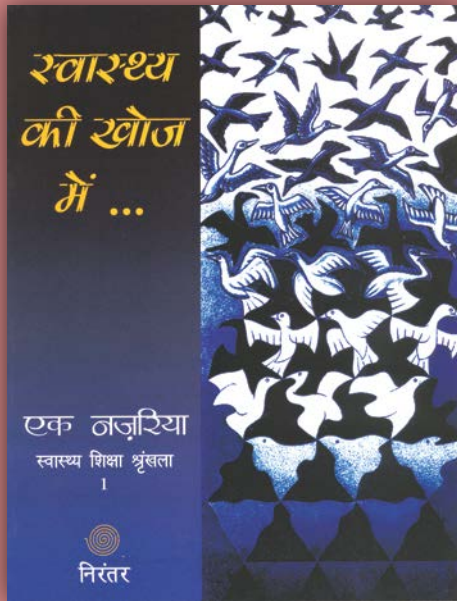


Swasthya Ki Khoj Mein



The series of health education manuals, titled 'Swasthya ki Khoj Mein' (In Search of Good Health) were created with the following objectives:

- *Develop an understanding of health from a gender, class, and caste perspective.*
- *Recognize women's experiences and existing knowledge on health-related issues.*
- *Enable women to see their health problems in the context of their own lives, and empower them to take greater control over their own lives.*
- *Link women's personal experiences to larger political issues related to control over women's health.*

The manuals are meant for facilitators, teachers and health workers, working with women's groups, literacy, post-literacy and continuing education programmes.